



Oakland Technical HS Application (2025-26) High School PE Credit for Oakland Athletic League (OAL) Sports Participation

Student: _____ Signature: _____

Student ID #: _____ Grade: _____ Phone: _____

Parent and/or Guardian's Name: _____ Signature _____

The student named above is applying to receive PE credits (10 credits: 2 sports) for participation in the following Oakland Athletic League sport:

Sport 1: _____ Start and End Date of the Season: _____ - _____

Sport 2: _____ Start and End Date of the Season: _____ - _____

In order to receive PE Credit for an OAL sport the student must:

1. Participate in at least 70% of team practices and competitions to be eligible for credit.
****As per Ed Code, all affiliated sports participants are to engage in team activities 400 minutes every 10 school days.***
2. Remain academically eligible for the entire season.
3. 10-12 grader in 25-26 school year
4. Complete the entire season as a member of the team; (on ending Roster)
5. Complete and turn in the *High School PECredit for Oakland Athletic League Sports Participation*

A student who has applied for this credit will be declared ineligible if:

1. The student misses more than 40% of team practices and competitions.
****As per Ed Code, all affiliated sports participants are to engage in team activities 400 minutes every 10 school days.***
2. The student has been removed from the team due to a violation of the sport's code of conduct. *The Principal will determine if a student is no longer eligible to be a member of the team and therefore would need to be enrolled in Physical Education.
3. The student becomes academically ineligible at any time during the season.

Counselor: _____ Signature _____

Principal or Principal Designee Name: _____ Signature _____

AD Name: _____ Signature _____

Once complete, please return to Ms. Alexis in the student center. This form is due May 8, 2026

Guidelines to Receive Credit

- Students must have a passed 9th grade PE in order to receive Advanced Credit in the 10th, 11th and 12th grade
- All 9th grade students must take PE at Oakland Tech
 - Students who do not pass 9th grade PE will need to take PE in the 10th grade
- Students may earn Advanced Credit for participating in an approved **Oakland Athletic League** (OAL) sport during the school year
- Students who are in the 10th, 11th, and 12th grade can receive Advanced Credit. No 9th graders can receive the credit. During the year or retroactively.
- Students must have 400 minutes completed within 10 days.
 - Example: 3 times a week (2 hours)= 360 minutes
 - **Students must attend practice regularly**
- Student must be eligible to participate the entire season
 - Student must maintain a 2.0
- Students must play at least two seasons as 10th graders otherwise they will be placed in PE during their 11th or 12th grade year for the entire year as we do not have the capacity to make major shifts to students schedules at the first semester break.
 - **If a student plays only 1 sport, they will be denied to credit**
- 3 ways to receive sports credit:
 - 1) Student plays 2 sports in the same year
 - 2) Student plays 1 sport and is a manager for a team (different seasons)
 - 3) Student plays 1 sport and on the Athletic Team (different seasons)

List of Approved Sports:

FALL

- Cross Country
- Flag Football
- Football
- Golf (Girls)
- Tennis (Girls)
- Volleyball (Girls)

WINTER

- Basketball (Boys & Girls)
- Cheerleading
- Soccer (Boys & Girls)
- Wrestling

SPRING

- Badminton
- Baseball
- Softball
- Swimming & Dive
- Tennis (Boys)
- Golf (Boys)
- Lacrosse (Boys & Girls)
- Track & Field
- Volleyball (Boys)