

Office of the Commissioner of Oakland Athletic League and Oakland Section

2022-23 CROSS COUNTRY SCHEDULE

Races begin at 3:00PM

UPDATED 8/7/2022

DATE		LOCATION	Timer
Wednesday, September 7, 2022	Optional Season Kick Off Meet		Ken Grace
Wednesday, September 21, 2022	Regional Meet #1	SKYLINE HS	Ken Grace
Wednesday, October 5, 2022	Regional Meet #2	TBD	
Wednesday, October 26, 2022	Regional Meet #3	Point Pinole	
Wednesday, November 9, 2022	City Finals	SKYLINE HS	Var and JV Championships
Wednesday, November 16, 2022	Oakland Sectional Finals	MLK SHORELINE	Varsity Only
Saturday, November 26, 2022	CIF State Championships	Woodward Park Fresno, CA	Qualifiers only

All athletes must be registered on athletic.net the two days before the meet at 11:55pm
In order to qualify for the City Finals, an individual must have a recorded time in at least one of the three league meets.